

## POOL SCHEDULE

TIMES	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
5:30 AM	LAP SWIM 5:30 AM - 8:00 AM					Pool Parties and Rentals	Pool Parties and Rentals
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM	6:45 AM		6:45 AM		6:45 AM		
8:00 AM	7:45 AM		7:45 AM		7:45 AM		
8:30 AM	Water Therapy					5:30 AM to 11:30am	5:30 AM to 1:00 PM
9:00 AM	8:00-9:00						
9:30 AM	SWIM LESSONS 9:00 AM -11:00 AM						
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM						Lap Swim	
12:00 PM	H2O Therapy	H2O Therapy	H2O Therapy	H2O Therapy	H2O Therapy	11:30	
12:30 PM	11:45-12:45pm	11:45-12:45pm	11:45-12:45pm	11:45-12:45pm	11:45-12:45pm	1:00 PM	
1:00 PM	LAP SWIM 11:45 AM - 1:00 PM					Rec Swim 1-3pm	Lap Swim 1-2 pm
1:30 PM	REC SWIM 1:00 PM -3:00 PM						
2:00 PM							
2:30 PM							
3:00 PM							Rec Swim 2-4 pm
3:30 PM	LEBANON COMMUNITY SWIM TEAM 3:30 - 6:00 PM						
4:00 PM							
4:30 PM						Pool Parties and Rentals 4:00 PM to 9:30 PM	
5:00 PM	Therapy	Therapy	Therapy	Therapy	Therapy		
5:30 PM	4:45-5:45	4:45-5:45	4:45-5:45	4:45-5:45	4:45-5:45		
6:00 PM	Lap Swim 6-7	Lessons	Lap Swim 6-7	Lessons	Lap Swim 6-7		
6:30 PM	A. Aerobics 6-7	5:45-6:45	A. Aerobics 6-7	5:45-6:45	A. Aerobics 6-7		
7:00 PM	RECREATIONAL SWIM 7:00 PM - 8:30 PM						
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM	Lap 8:30-9:30						
9:30 PM	Kayak/SCUBA	Kayak/SCUBA	Kayak/SCUBA	Kayak/SCUBA	Kayak/SCUBA		

